

Salad options - Plated or buffet meals

1. **Roasted root vegetable salad** with parmesan cheese & balsamic dressing
2. **Strawberry asparagus salad** with goat cheese, baby spinach, honey Dijon dressing
3. **Sundried tomato pasta salad** with baby spinach, vegetables, basil, olive oil
4. **Caesar salad** with crisp romaine hearts, fresh parmesan, house croutons, fresh garlic, lemon zest, caper berries, crisp fresh bacon
5. **Asian noodle salad** with cashews, Bok choy, sprouts, sugar snap peas, julienne peppers and carrots tossed in house Asian sauce
6. **Greek salad** with feta cheese & fresh basil
7. **Chefs garden salad** with fresh vegetables, hot house tomatoes
8. **Crisp iceberg salad** with blue cheese, tomatoes & red onions
9. **Baby arugula salad** with poached pears, candied pecans, cherry tomatoes and Asiago cheese
10. **Island salad** with grilled pineapple, mangos, grilled onions, fresh thyme, avocado, cucumber, Jerk Chicken bites, fried plantains, olive oil
11. **House coleslaw** with Creamy or oil based
12. **Potato salad** with Yukon gold potatoes, chives,
13. **Watermelon & baby watercress salad** with feta cheese, red onions, olive oil, sea salt, cracked pepper
14. **Sweet potato & roasted beet salad** with caramelized parsnips, mixed greens, local maple syrup, pumpkins seeds

Other salad options available upon request